

Andy P. Siddaway

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CURRENT ROLES

- 2017- **Chartered Clinical Psychologist in Independent Practice and Expert Witness.**
 Various locations
- 2016 – **Principal Clinical Psychologist**
 GG&C NHS Psychological Trauma Service, Glasgow

EDUCATION AND QUALIFICATIONS

- 2014-2017 **PhD in Clinical Psychology (awarded, pending minor amendments).**
 Behavioural Science Centre, University of Stirling/ Suicidal Behaviour Research Lab, University of Glasgow.
Supervisors: Prof. Alex Wood (University of Stirling), Prof. Rory O'Connor (University of Glasgow), Prof. Ronan O'Carroll (University of Stirling)
 Thesis entitled: *Explaining and predicting psychological problems: The joint importance of positive and negative constructs*
 Funded by Medical Research Council Clinical Research Training Fellowship
- 2010-2013 **Doctorate in Clinical Psychology.** Department of Psychology, University of Hertfordshire.
Supervisors: Mr Joerg Schulz (University of Hertfordshire), Prof. Alex Wood (University of Stirling), Dr Peter Taylor (University of Manchester)
 Thesis entitled: *A meta-analysis of the role of perceptions of defeat and entrapment in depression, suicidality, anxiety problems, and posttraumatic stress disorder*
- 2006-2007 **Diploma in Cognitive-Behavioural Therapy (Distinction).** Open College, Birmingham.
- 2001-2004 **B.Sc. (Hons) Psychology.** School of Psychology, University of Leicester.
 Degree accredited as conferring British Psychological Society eligibility for Graduate Basis for Registration

PROFESSIONAL REGISTRATION

Registered with the Health and Care Professions Council (HCPC) (PYL 30674).
 Registration with the HCPC authorises usage of a protected title (Clinical Psychologist) and demonstrates to the public and other professionals that a particular individual is 'practicing legally, safely and effectively.'

Chartered by the British Psychological Society (169463). The title of Chartered Psychologist is legally recognised and reflects only the highest standard of psychological knowledge and expertise.

CLINICAL PRACTICE

Supervision Training

- 2018 Psychology Specialist Supervision Course (NHS Education for Scotland)
- 2016 Introduction to CBT supervision (Oxford Cognitive Therapy Centre)
- 2015 Generic Supervision Competencies (NHS Education for Scotland)
- 2015 Specialist Supervision Training in CBT (NHS Education for Scotland)

Expert Witness Training

- 2016 Expert witness training 1: Responsibilities and business
- 2016 Expert witness training 2: Report writing
- 2016 Expert witness training 3: Court room evidence
(all by The British Psychological Society; Susan van Scoyoc)

Clinical Psychologist Roles

Sept 2017 – **Chartered Clinical Psychologist in Independent Practice and Expert Witness**
Various locations, mostly Stirling and Edinburgh

- Highly specialised assessment and treatment of a range of psychological problems in children, adolescents, and adults
- Expert Witness reports for Court (mainly personal injury, clinical/medical negligence)

Sept 2016 – **Principal Clinical Psychologist: Adult trauma service**
Glasgow Psychological Trauma Service, Glasgow

- Highly specialised assessment and interventions for trauma-related psychological problems in a range of adult populations (e.g. homeless people, asylum seekers, major incidents, victims of sexual assault)
- Training and consultancy to other professionals

2014-2016 **Principal Clinical Psychologist: Adult in- and outpatient rehabilitation**
Astley Ainslie Hospital, Edinburgh

- Introduced and led a specialist psychology service for adult amputees
- Highly specialised direct and indirect psychological assessment and interventions
- Consultation, training, and supervision to other professionals

2010-2013 **Clinical Psychologist in Training: Adult, older adult, learning disability, child/family.** Department of Psychology, University of Hertfordshire

- Highly specialised brief and long-term direct and indirect psychological assessment and interventions for a range of populations
- Consultation and training to other professionals

2009-2010 **Assistant Clinical/Forensic Psychologist: forensic child/adolescent, family.**
Youth Offending Service, Peterborough

- Co-established new pilot project, fostering links with partner agencies
- Psychosocial screening of arrested young people; customised packages of care and direct and indirect psychological interventions

2008-2009 **Assistant Clinical Psychologist: adult acute inpatient/crisis home treatment team.** Hallam Street Hospital, Birmingham

- Brief psychological interventions; training and consultation
- Developed and co-facilitated disorder-specific and transdiagnostic groups

2007-2008 Assistant Clinical Psychologist: child, adolescent, family

Child & Family Consultation Service, Guildford

- Direct and indirect psychological interventions
- Coordinated outcome monitoring (CORC) for the county and a specialist EMDR clinic

Other Clinical Roles**2006-2007 Psychiatric Nursing Assistant: inpatient child, adolescent, family**

Darwin Centre for Young People, Cambridge

2004-2005 Psychiatric Nursing Assistant: inpatient adult, older adult, learning disability, child. Nursing In Secure Environments, Leicester**Selected Clinical Training****2016- Trauma-related psychological problems: NHS Greater Glasgow and Clyde**

- A range of large group format all day training sessions to a range of professionals
- Majority of participants rated as “Extremely useful” and “Highly relevant for practice”

2014-2016 Suicide risk assessment, management, and prevention: NHS Lothian

- Trained medical doctors of all grades, teaching evidence-based protocols and international best-practice for suicide risk assessment, management, and prevention
- Majority of participants rated as “Extremely useful” and “Highly relevant for practice”

2014-2016 Developing Practice (adjusting to long-term health conditions): NHS Lothian

- All day training in a large group format to multidisciplinary physical health staff
- Six full day workshops, plus clinical supervision as required to consolidate learning
- Very positive participant evaluation

RESEARCH**Research Positions****Aug 2014 – MRC Predoctoral Clinical Research Training Fellow (funded PhD)**

Sept 2017 Behavioural Science Centre, University of Stirling/Suicidal Behaviour Research Lab, University of Glasgow

Peer Reviewed Journal Articles (n = 12)

Siddaway, A. P., Wood, A. M., & Hedges, L. V. (in press). How to do a systematic review: A best practice guide to conducting and reporting narrative reviews, meta-analyses, and meta-syntheses. *Annual Review of Psychology*.

Siddaway, A. P., Taylor, P. J., & Wood, A. M. (2018). Re-conceptualizing anxiety as a continuum that ranges from high calmness to high anxiety: The joint importance of reducing distress and increasing well-being. *Journal of Personality and Social Psychology*.

Siddaway, A. P., Wood, A. M., & Taylor, P. J. (2017). The Centre for Epidemiologic Studies-Depression (CES-D) scale measures a continuum from well-being to depression: Testing two key predictions of Positive Clinical Psychology. *Journal of Affective Disorders*, 213, 180-186.

Siddaway, A. P., & Rafetseder, E. (2015). An agenda for conceptualising and researching praise and criticism. *Journal of Paediatrics and Child Health*, 52, 98-99.

Siddaway, A. P., Taylor, P. J., Wood, A. M., & Schulz, J. (2015). A meta-analysis of the role of perceptions of defeat and entrapment in depression, anxiety problems, posttraumatic stress disorder, and suicidality. *Journal of Affective Disorders*, 184, 149-159.

- Siddaway, A. P.**, Wood, A. M., Schulz, J., & Trickey, D. (2015). Evaluation of the CHUMS child bereavement group programme: A pilot study examining statistical and clinical change. *Death Studies*, 39, 99-110.
- Siddaway, A. P.** (2014). Measurement of depression and anxiety problems has not kept up with theory and evidence. *British Journal of Psychiatry* eLetter.
- Siddaway, A. P.**, Wood, A. M., & Cartwright-Hatton, S. (2014). Involving parents in Cognitive Behavioural Therapy for child anxiety problems: A case study. *Clinical Case Studies*, 13, 359-372.
- Keville, S., **Siddaway, A. P.**, Rhodes, L., Horley, N., Brown, R., Dove, L., & White, L. (2013). Learning on the front line: Can personal development during problem-based learning facilitate professional development in Trainee Clinical Psychologists? *Reflective Practice: International and Multidisciplinary Perspectives*, 14, 717-728.
- Siddaway, A. P.**, & Trickey, D. (2013). Following a trauma, which children are most likely to develop posttraumatic stress disorder? *Clinical Psychology Forum*, 245, 39-43.
- Siddaway, A. P.**, & Wood, A. M. (2013). Recommendations for improving mindfulness based cognitive therapy trials. *Psychiatry Research*, 207, 229-231.
- Trickey, D., **Siddaway, A. P.**, Meiser-Steadman, R., Serpell, L., & Field, A. P., (2012). A meta-analysis of risk factors for posttraumatic stress disorder in children and adolescents. *Clinical Psychology Review*, 32, 122-138.

Research Supervision

Doctoral Students

- 2014-2017 Shelley Bartlett, Doctorate in Clinical Psychology, University of Hertfordshire (External supervisor; co-supervising with Dr Keith Sullivan, University of Hertfordshire)
- 2015-2018 David Maher, Doctorate in Clinical Psychology, University of Glasgow (Primary supervisor; co-supervising with Prof Rory O'Connor, University of Glasgow)

Masters Students

- 2016-2017 Maria Garozi, MSc in Psychological Research Methods, University of Stirling (Primary supervisor; co-supervising with Prof Roger Watt, University of Stirling)

PhD Examination as External Examiner

University of East Anglia: May 2017

Funding

- 2014-2017 **MRC Clinical Research Training Fellowship (Pre-doctoral)**
Identifying and measuring key cognitions in suicidal and non-suicidal self-harm (MR/L017938/1). £166,587

Editorial Activities

Consulting Editor

Editorial Advisory Board *Journal of Traumatic Stress* (Jan 2017-Dec 2019)

Ad-hoc Reviewer

Adolescent Psychiatry
Archives of Suicide Research
BMJ Open
British Journal of Psychiatry
Comprehensive Psychiatry
Death Studies

Development and Psychopathology
Journal of Traumatic Stress
Journal of Counseling Psychology
Lancet Psychiatry
Neuropsychiatric Disease and Treatment
Professional Psychology: Research and Practice
Psychological Assessment
Psychological Medicine
Psychological Trauma: Theory, Research, Practice, and Policy
Psychology and Psychotherapy: Theory, Research and Practice
Psychology of Sport & Exercise
Suicide and Life-Threatening Behavior

Research Council and University Reviewer

Economic and Social Research Council (ESRC)

Selected Lecturing

2014-2017 MRMP01 Fundamentals and Philosophy of Management Research module

- Developed new large group lectures on research synthesis and meta-analysis
- Attendance compulsory for masters and PhD students from a range of disciplines
- Very positive student evaluation

2014-2017 BSMP002 Psychology of Work module

- Developed new large group lecture on performance appraisals, career development, and career coaching and counselling
- Attendance compulsory for masters students (MSc Behavioural Science for Management) and voluntary for PhD students
- Very positive student evaluation

Public Engagement and Research Impact

2016 “Explorathon” public engagement event, Glasgow

- Disseminated current Fellowship research to the general public, educating about suicide research and promoting the importance of psychological research more broadly

2015 Radio 4 All in the Mind

- Contributed to a debate on mindfulness-based therapies and their implications for society